

SMOKE SIGNALS

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AJWC

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Hello Ladies!

This month looks to be a great one with fundraising and a meeting you won't want to miss! I am excited to see the newsletter entries coming in. Thank you to everyone who has taken some time to let everyone know what is going on with your Department. Our meeting is going to be held at the First Presbyterian Church on Church Street on Tuesday, September 16, 2008 at 6:30 p.m. Our Public Affairs Department has something special planned so please be prompt! We will need to get started right at 6:30. Be sure to let me know if you are unable to attend or cannot make it on time. Also remember to bring your Monthly Reports! Have them filled out covering anything you've done for the month of August until our meeting date, September 16th. I'll pass out new ones to cover from September's meeting until October's meeting. If you have misplaced yours, please let me know and I will get one to you via email.

I had a wonderful time at the district meeting on the 23rd. I got to meet a lot of new people and got some information and ideas that I think will benefit us this year. There is a Blue Bear Brigade project I'd like us to consider. We'd be sewing and stuffing these bears and contributing them to any of our local emergency response squads, such as fire, police, or EMS, to help comfort children being transported in an emergency situation.

I'll have more information on this at the meeting as well as a sewing template. I'm hoping we have some sewers among us!

Also, Halloween cookie time is nearing and I will have the order forms available at this meeting. If you aren't able to attend, I will be glad to send you the form via email. Let's strive to sell as many cookies as possible this year! Much of the success of our department projects depends on it.

Heritage Day is going to be the weekend before our meeting and I am hoping to report good things on Tuesday night. Let's work hard and *have fun* and keep in mind that we are doing this to benefit our community! Isn't that exciting?!

Please keep in mind that we need names and addresses of ladies between the age of 20 and 40 so that we can start getting our Membership Social underway. Please send your list to either Harriet or Rochelle.

I look forward to seeing you at the meeting!

Karla

Upcoming Events and Important Dates

*September is National Literacy,
Baby Safety and Menopause
Awareness Month!*

September 8	International Literacy Day
September 12	Heritage Day
September 13	Heritage Day
September 16	Meeting at First Presbyterian Church at 6:30
September 17	National Constitution and Citizenship Day
September 22	First Day of Fall

Department News



This month's meeting
host:
Public Affairs
Catherine Pierce

Hello Everyone,

I am happy to say that these are a busy couple of months for the Public Affairs Department. We hope that everyone can benefit from what we have going on. First, Public Affairs is sponsoring our September meeting on Tuesday, September 16 at 6:30 pm at the First Presbyterian Church Fellowship Hall. We are pleased to announce that Mrs. Carolyn Arrington will be speaking to us about the Food Pantry. She will explain how near and dear the Food Pantry is to Ahoskie and we will also be given a tour. The Public Affairs department would like for everyone to bring some non-perishable items to donate to the Food Pantry that night

if you can. Please don't miss this meeting, as it is a way for us to learn how we can easily give back to our community by contributing to the Food Pantry especially as the holiday seasons approach.

Also, let's don't forget that this is a very important election year. I am sure everyone is buzzing about whom to vote for. I have been confronted by Guardian Care Nursing Home about having some volunteers from Ahoskie Junior Woman's Club helping residents fill out absentee ballots. I think this would be a great opportunity for us to help and I will explain more about it at the September 16th meeting.

Let's start our year off with great participation and helping hands!

Catherine Pierce
Sarah Brown

Arts Department

Cheryl Slachta
Rochelle Harrell



Hello to everyone.

We know it is a little early to be thinking about Art entries, but is it really? Here are a few ideas to consider.

- ❖ As everyone develops their summer vacation pictures, look for those special photos you could enlarge and submit in the photography category. Remember we have several categories, so there should be something for every kind of picture you've taken. Photo must be taken during 2008.
- ❖ As you are getting ready for the change of seasons you will begin projects to decorate your home for fall and winter. Why not make

something you can submit as an entry for a craft. We can always find a category for an Art Project.

- ❖ If acting and/or writing interest you, start now thinking of entering the Drama or Literature portion. The guidelines for these areas will be made available with upcoming information received from the District level. Remember if you are interested in Literature, these entries will have an earlier due date than the others.

This year our club will focus on Club Woman entries, so we hope that we can have at least one entry from every member. Remember you can enter Arts and Crafts entries from previous projects. It doesn't have to be something you have made this year.

We look forward to you making our job hard!

Cheryl and Rochelle

Ways & Means

Shannon Pittman



Hello Ladies,

Fall is approaching quickly and this is the time for us to raise as much money as we can. September 12 and 13th are Heritage day as we all have heard about. We still need people to sign up to help on Saturday night from 5pm to around 12pm clean up time. Friday night is covered. Thanks to all of you who volunteered at the last meeting. Please call me if anyone can help out on Saturday night September 13. And remember, we will be serving food and beverages so we won't turn down anyone's help!!

Conservation

Stephanie Rose

Gardening Tips for September



- Houseplants that have been outside all summer should be allowed to make a fairly slow transition to indoor conditions. Quick changes in environment can result in yellowed foliage and leaf drop. To avoid injury, bring plants indoors before temperatures dip below 55 degrees F. Check for insect pests before you move the plants; it is easier to get rid of pests while plants are still outside.

- Fall is usually cool and moist and a good time to plant trees and shrubs. Research has shown that roots will continue to grow until the soil freezes.

- Lawns should be fertilized in late September or early October.

- Early autumn is the best time of the year for the sowing of grass seed. Grass sown in spring is often killed by hot, dry, summer weather. For more vigorous growth, spread a very thin mulch of clean straw over newly seeded areas. The straw shades delicate seedlings from the hot sun and helps preserve moisture in the soil, yet lets enough light through for germination. By the time cold weather arrives, the grass is fairly well established and ready to grow and thicken early the following spring.

- As you select your flowering bulbs to plant this fall, keep in mind that larger caliber bulbs give big, showy displays, but cost more. Smaller caliber bulbs usually are less expensive, with a smaller show, but are great for brightening nooks and crannies in your yard.

- Start taking cuttings of your annual plants to bring indoors and carry through the winter. Geranium, coleus, fuschia, and other plants do best when stem cuttings are rooted and kept in pots indoors through the winter. Be sure to place pots where they receive plenty of light.

- To plant bulbs, loosen the soil and make a hole with a trowel or bulb planter. Don't mash the bulb into the soil or you may damage the basal plate (bottom of the bulb), causing it to rot.

- Mums can be transplanted while in bloom, which makes them useful for instant landscapes in early autumn. Water thoroughly the day before (or at least several hours before) digging plants, retaining as much of the root system as possible. Dig the new hole, and gently loosen a small amount of soil from the outer soil depth. Water thoroughly after placing the plants to settle them in. As with any transplanting, it is best move mums in early morning or late evening when temperatures are cool. Monitor plants carefully for several days for wilting, and shade briefly during the hotter periods of the day, if necessary.

- Fall is a great time to plant and divide perennials and shrubs for next year's garden. By planting in the fall, your plants do not endure the stressful summer heat during establishment and have time to form sufficient root systems before the onset of winter dormancy. Wait until deciduous trees and shrubs begin to drop their leaves before fertilizing them. This signals dormancy, when no new growth will be stimulated that might not harden off prior to cold temperatures. However, roots are active until soil temperature drops below 40 degrees F, so nutrients will be taken up and used by the plants to develop a stronger root system.

Note from Parliamentarian

Rochelle Harrell

As outgoing President and Parliamentarian, I thought it would be helpful as club members to know our new Executive Board and have a general idea of their role to our Club. I know you have heard me say this before, but I am so excited about our 2008 - 2010 Executive Board. We have a dynamic group of leaders this upcoming term and I hope that each of us will give them our full support. I just see our club growing in the local community and as well as other areas we have been involved in the past. On the next page, you will find a list of Board positions and role descriptions.

If you have any questions regarding these offices and their tasks, please do not hesitate to ask. Remember as a club, we are only as strong as our weakest member.

Rochelle Harrell
Parliamentarian

Good leaders make people feel that they're at the very heart of things, not at the periphery. Everyone feels that he or she makes a difference to the success of the organization. When that happens people feel centered and that gives their work meaning.

-Warren Bennis

President

Karla Cooke

Pres`i`dent

n. 1. [Precedent](#).

a. 1. [Occupying the first rank or chief place; having the highest authority; presiding.](#)

*His angels president
In every province.*
- Milton.

n. 1. [One who is elected or appointed to preside; a presiding officer, as of a legislative body.](#)

2. [A protector; a guardian; a presiding genius.](#)

*Just Apollo, president of
verse.*

- Waller.

As President, Karla will oversee general operations of the club. She will direct the work of the club with the aid of her offices and chairwomen. She will also representing our club at District and State meetings as required.

Vice President

[an officer next in rank below a president.](#)

1* Vice President

Anna Piece

As 1st Vice President, Anna is to perform all Presidential duties in Karla's absence. Anna will also serve as Program Chairman

2nd Vice President

Cheryl Slactha

As 2nd Vice President, Cheryl is Chairman of finance. Cheryl works hand in hand with Ways and Means Committee with all fundraising events and ideas as to make sure these items are best suited for our club and its goals and objectives.

Secretary

Sec`re`ta`ry

n. 1. [One who keeps, or is intrusted with, secrets.](#)

2. [A person employed to write orders, letters, dispatches, public or private papers, records, and the like; an official scribe, amanuensis, or writer; one who attends to correspondence, and transacts other business, for an association, a public body, or an individual.](#)

*That which is most of all
profitable is acquaintance with
the secretaries, and employed
men of ambassadors.*

- Bacon.

Recording Secretary

Deborah Bolam

As Recording Secretary, Deborah is the keeper of the minutes for our Monthly meetings and Executive Board meetings. Deborah is also responsible for maintaining an accurate roll of membership.

Corresponding Secretary

Erika Outlaw

As Corresponding Secretary, Erika will assist the Karla with all general correspondence of the club and perform duties as required by Karla and our Executive Board.

Treasurer

Shannon Pittman

Treas`ur`er

n. 1. [One who has the care of a treasure or treasure or treasury; an officer who receives the public money arising from taxes and duties, or other sources of revenue, takes charge of the same, and disburses it upon orders made by the proper authority; one who has](#)

[charge of collected funds; as, the treasurer of a society or corporation.](#)

As Treasurer, Shannon is responsible for all financial business of the club. She will collect all dues and fees from members as required. She will also receive all approved receipts for reimbursement to club members. Shannon will give written notice to any club members in arrears in payment of dues or fees. Shannon will provide the Executive Board and club advised on areas of finances monthly and annually.

Chaplain

Catherine Pierce

Chap`lain

[Any person \(clergyman or layman\) chosen to conduct religious exercises for a society](#)

As Chaplain, Catherine is responsible for devotionals during monthly meetings.

Parliamentarian

Rochelle Harrell

Par`lia`men`ta`ri`an

[One versed in the rules and usages of Parliament or similar deliberative assemblies; as, an accomplished parliamentarian](#)

As Parliamentarian, I am the keeper of order and rules. If there are in questions pertaining to our by-laws, I would preside over these issues.

AHOSKIE FOOD PANTRY

Basic Box

1 JAR PEANUT BUTTER
1 JAR JELLY
1 JAR MAYONNAISE
1 BOX MACARONI & CHEESE OR
1 BOX SPAGETTI & 1 CAN SPAGETTI SAUCE
1 BOX CRACKERS (SALTINES)
1 CAN EVAPORATED MILK PER PERSON IN FAMILY OR
1 BOX POWDERED MILK PER FAMILY
1 BAG RICE OR 1 BAG POTATO FLAKES
1 BAG DRIED BEANS OR 3 CANS BEANS (PINTO, BLACKEYE, OR PORK & BEANS)
1 BAG SUGAR (2LB)
1 BAG FLOUR (2LB) OR CORN MEAL (2LB)
1 CAN OR JAR JUICE (LARGE)
1 CAN CRISCO (SMALL CAN)
COOKIES IF AVAILABLE

ITEMS ADDED PER FAMILY SIZE

MEMBERS IN FAMILY	1	2	4	6	8	10
CAN VEGETABLES (CORN, GREEN BEANS, GREEN PEAS)	3	3	3	4	4	4
SOUP	2	3	4	5	6	7
FRUIT	2	3	4	5	6	6
CAN MEAT/BEEF STEW	2	2	4	5	6	8
TUNA/MACKEREL	1	2	3	4	4	5
CEREAL	1	1	2	2	2	3
GRITS OR OATMEAL	1	1	1	2	2	2

Each family will receive the following cold products – these products are purchased on a weekly basis with cash donations:

Eggs, Hot Dogs, Hot Dog Rolls, Bread, Margarine, Pot Pies and Fish Sticks.